

THE CONCORD INSIDER



July 25 to 31
Cappies
Edition



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but The Cappies sure are. **See the winners inside**

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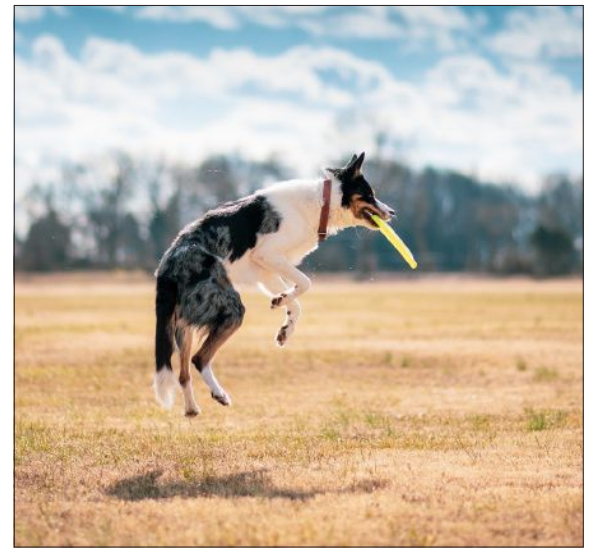
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2024: THE BEST OF THE CAPITAL AREA



AND THE WINNERS ARE ...



Welcome to another year of The Cappies, our annual effort to capture your voice on the tastiest food, the best businesses and the places to turn when you need something fixed – now. We can tell by the number of people who take the time to cast their votes that they enjoy the annual survey, and we’re confident they’ll pore through this issue. This year, we had nearly 80,000 votes cast for more than 400 local businesses. Truth be told, we love the Cappies, too, because it’s our chance to pull together all types of local companies, services and merchants, from those focused on the 55-and-older community to those who can give your kitchen a makeover. As a local media company that works with more than 600 local businesses each year, we understand as well as anyone what a healthy, vibrant local economy means to our region. So, use this listing to see whether your favorite spots made it to the list, but also a guide to where you may turn for your next purchase, your next meal or your next call.

FIND IT INSIDE

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cappies



MONITOR FILE

The Merrimack County Savings Bank branch on Main Street.

Services

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Bank

1. Merrimack County Savings Bank
2. Ledyard National Bank
3. Franklin Savings Bank

Best Place to Work

1. Ledyard National Bank
2. ADF Flooring
3. Concord Hospital

Butcher Shop

1. Tuckaway Tavern, Raymond
1. Wine'ing Butcher, Pembroke
3. Concord Beef and Seafood

Contractor

1. Cobb Hill Construction, Concord
2. R.S. Audley Incorporated, Bow
3. Jasmor Properties, Concord

Credit Union

1. New Hampshire Federal Credit Union
2. Granite State Credit Union
3. Service Credit Union

Daycare

1. Shaker Road School, Concord
2. Eastside Learning Center, Concord
3. Merrimack Valley Day Care, Concord

Dry Cleaner

1. Cleary Cleaners
2. Arno's Cleaners

Electrician

1. O'Keefe & Flanagan Electric
2. Heritage Home Service
3. Irish Electric

Financial Advisor

1. Ledyard Financial Advisors
2. NH Trust
3. Bill Kearney

Flooring

1. ADF Flooring
2. Floorcraft, Wilnot
3. Concord Carpet

Funeral Home

1. Roan Family Funeral Home
2. Phaneuf's
3. Bennett

Greenhouse

1. Flora Bella
2. Cole Gardens
3. Black Forest Nursery, Boscawen

Hotel sponsored by Hotel Concord

1. Hotel Concord
2. Holiday Inn
3. Centennial Hotel

HVAC

1. Live Free Heating & Cooling, Concord
2. Heritage Home Service
3. Braydin Plumbing & Heating

Insurance Agency

1. The Rowley Agency
2. Davis & Towle

SEE SERVICES PAGE 6



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3rd place Summer Camp
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Written by Veronica Procopia Holistic Nutritionist and owner of Spa Specialist Beauty Within



Thank you to all those who voted, faithful friends and clients.

SERVICES FROM PAGE 4

Insurance Group

3. AAA Insurance
3. Gosselin Insurance, Hooksett

Kitchen & Bath

1. Shapiro Bathrooms, Epsom
2. Timeless Kitchens and Baths, New London
3. Granite Group

Landscaper

1. Andrew S. Thomas Landscaping, Allenstown
2. Tasker Landscaping, Loudon
3. Saucier Scapes, Salisbury

Law Firm

1. Annis & Zellers, Concord
2. Devine Millimet, Manchester
2. Shaheen & Gordon

Plumber

1. Heritage Home Service & Heating
2. Braydin Plumbing and Heating
3. Bow Plumbing and Heating

Power Equipment

1. Taylor Rental Concord
2. Greenlands, Concord
3. MB Tractor, Tilton

Private School

1. Shaker Road School
2. Proctor Academy
3. The Tilton School

Real Estate Agency

1. CB Lifestyles Group
2. Concord Masiello Group
3. Century 21 North East

Real Estate Agent

1. Rachel de Thomas, CB Lifestyles
2. Kelli York
3. Susan Roemer

Roofer

1. Jasmor
2. A1 Roofing & Siding
3. Colby Roofing

Septic Service

1. Best Septic
2. St. Onge Septic
3. Goss

Travel Agency

1. Terrapin Tours
2. Treehouse Travel
3. Epic Travel by Kathi

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Pets

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Boarder

1. Woodlawn Pet Resort
2. Brookwood Pet Resort
3. RueBakers Pet Supply

Groomer

1. Pawtopia
2. Woodlawn Pet Resort
3. Bark Now!

Pet Supply

1. Sandy's
2. Osborne's
3. Chewy

Trainer

1. No Monkey Business Dog Training
2. Finlayson's
3. K9 to 5 Dog Services

Veterinarian

1. Cilley Veterinary Clinic
2. Henniker Veterinary Hospital
3. Appletree Animal Hospital Hopkinton



MONITOR FILE

Chelsea Olivera gives Roma the goldendoodle a little makeover at Pawtopia, winner of Best Dog Groomer.

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Assisted Living

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2. John H. Whitaker Place, Concord
3. Presidential Oaks, Concord

Home Health Care

1. Granite VNA, multiple locations
2. Age At Home, Concord
3. Visiting Angels, multiple locations

Retirement Homes

1. Havenwood Heritage Heights, Concord
2. Presidential Oaks, Concord
3. Granite Ledges of Concord
3. Merrimack County Nursing Home, Boscawen

Senior Center

1. Good Life Programs, Concord
2. White Birch Center, Henniker
3. Suncook Senior Center

Senior Transportation Service

1. HHH Transportation Van
2. Concord Area Transit
3. Friends Program, Concord



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Barber Shop

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2. Lucky's, Concord
3. South Mane, Concord

Bodywork Center

2. Beki Essig LMT, Concord
3. Buzz Ink Beauty Bar, Concord

Gym sponsored by The Zoo Health Club

1. Thrive Group Fitness / Jazzercise of Concord
2. 2 Home Fitness, Concord
3. Capital Fitness, Concord

Medical Spa sponsored by SansAge Medical Aesthetics

1. SansAge Medical Aesthetics, Concord
2. Arndt Aesthetics, Concord

Hair Salon

1. Chrome, Concord
2. Flora's Hair Salon, Concord
3. Euphoria Hair Salon, Concord

Spa category sponsored by Spa Specialist Beauty Within

1. Spa Specialist Beauty Within, Concord
2. Serendipity Day Spa & Float Studio, Pembroke

Manicure/Pedicure sponsored by Roy Nails

1. Roy Nails, Concord
2. Glow Nails & Beauty, Concord
3. Paull Nails, Concord

Tanning sponsored by Turbo Tan

1. Turbo Tan, Concord
2. Planet Fitness, Concord
3. Sun Tan City, Concord

Massage Therapist sponsored by Chichester Massage & Bodywork Center

1. Chichester Massage &

Tattoo Parlor

1. Buzz Ink, Concord
2. Gardens of Ink, Manchester
3. Midnight Moon Tattoo, Meredith

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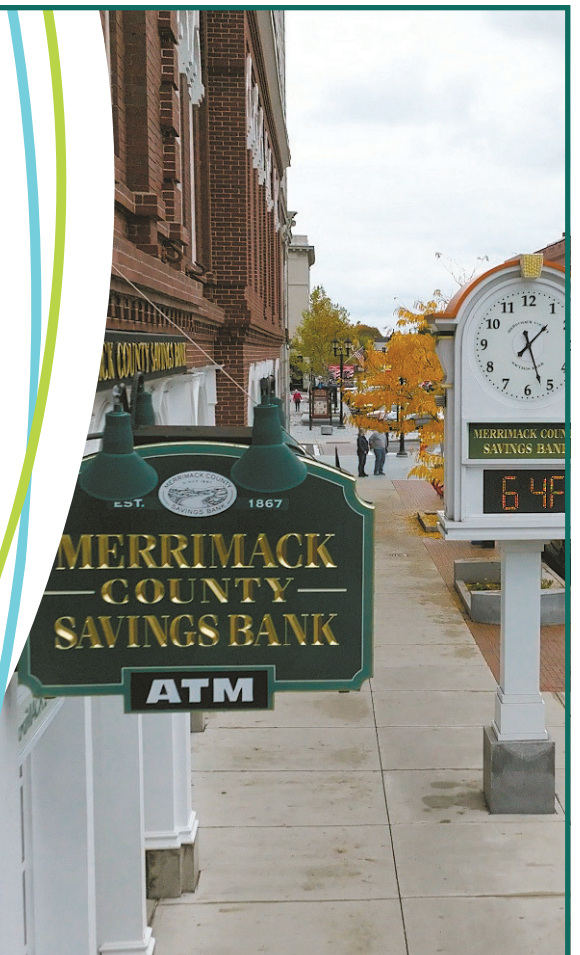
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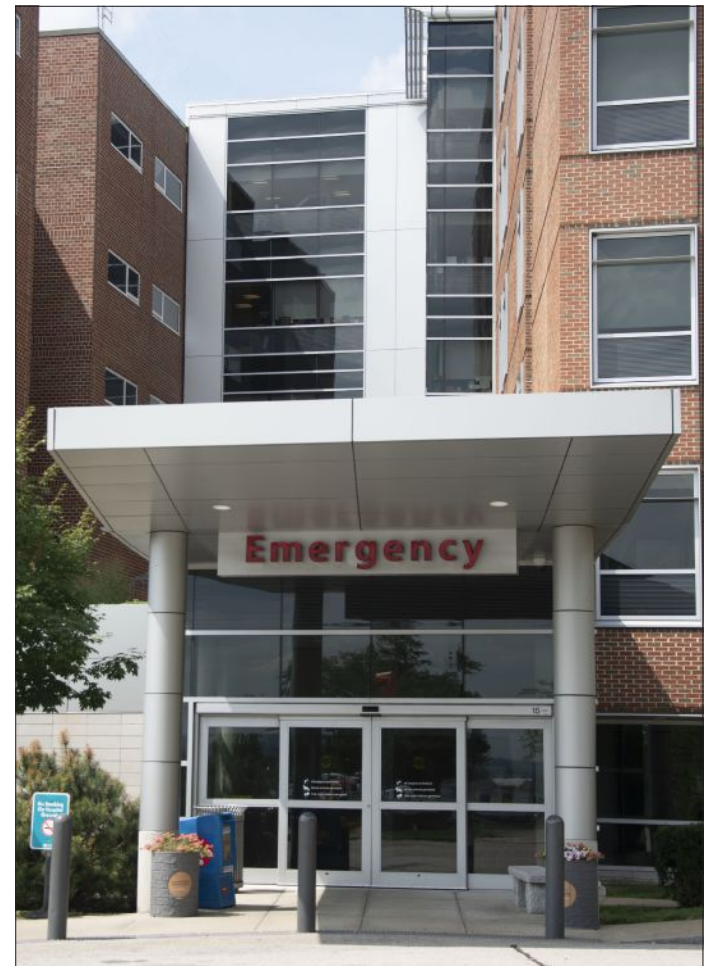



Grateful To
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Your
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Thank You!

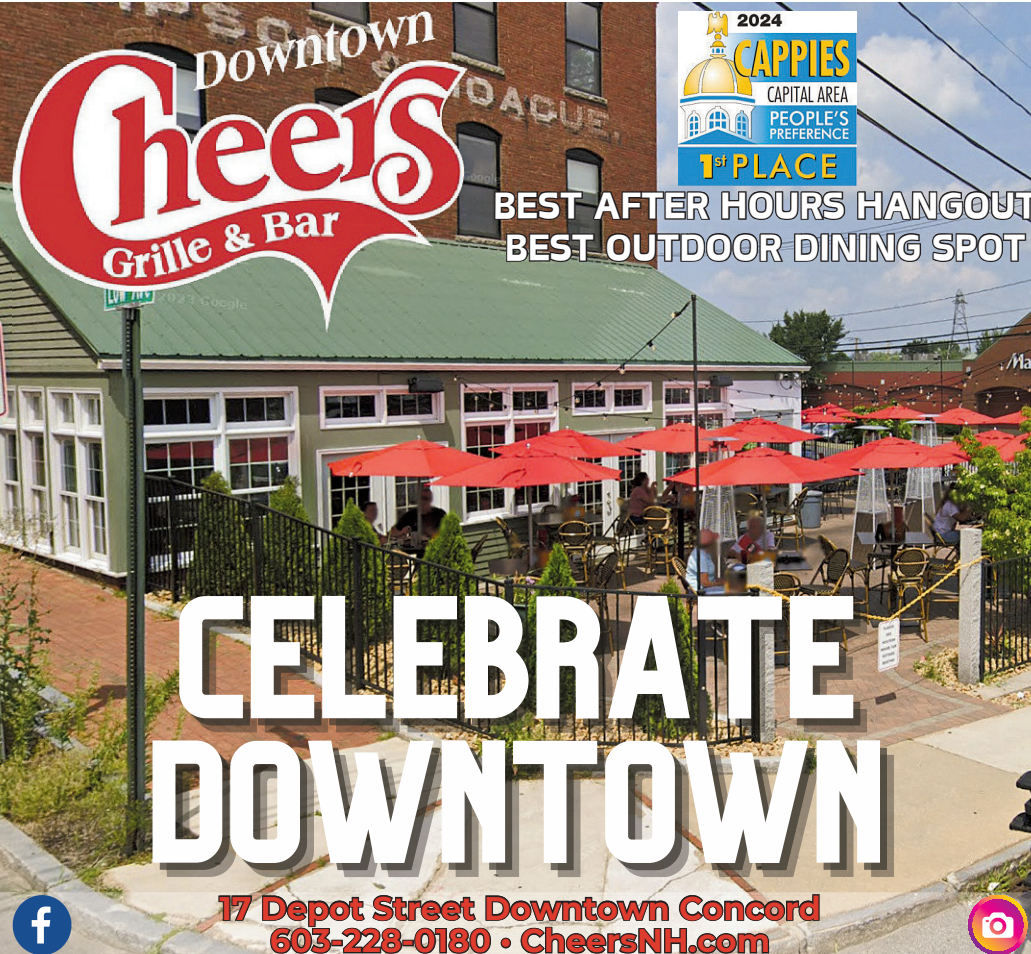



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Concord Hospital Emergency Room entrance in 2018. The hospital won first place in Cardiac Care, Childbirth, Emergency Care and the overall Hospital category.

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Acupuncturist

1. Trend Acupuncture, Concord
2. Concord Family Acupuncture
3. Five Seasons Acupuncture, Concord

Audiologist

1. Better Hearing Center LLC, Concord
2. Alliance Hearing Center, Concord
3. New England Audiology, Concord

Cancer Care

1. Payson Center, Concord Hospital
2. Dana Farber, Londonderry
3. The Elliot, Manchester

Cardiac Care

1. Concord Hospital
2. Dr. Gutierrez – Concord Hospital
3. Dr. Newton – Concord Hospital

Childbirth

1. The Family Place - Concord Hospital
2. Concord OB/GYN
3. Catholic Medical Center, Manchester

Chiropractor

1. Crossroads Chiropractic
2. Splendore Chiropractic & Wellness Center, Dr. Donna Splendore
3. Sellar Chiropractic

Dentist sponsored by Laurie A. Rosato, DMD
 1. Generations Dental Care
 2. Laurie A. Rosato, DMD
 3. Orzechowski and Arndt Dental

Emergency Care
 1. Concord Hospital
 2. Dartmouth-Hitchcock Medical Center
 3. Convenient MD

Eye Doctor
 1. Eyefix
 2. Sacco Eyecare
 3. Concord Eye Care

Hospital
 1. Concord Hospital
 2. Dartmouth-Hitchcock Medical Center
 3. The Elliot

Medical Imaging
 1. Concord Imaging Center
 2. Derry Imaging
 3. Imaging services at the Elliot

Orthodontics
 1. Generations Dental,

Concord
 2. Luba Richter, Concord
 3. Moin Orthodontists, Manchester

Pediatric Care
 1. Concord Pediatrics
 2. Concord Family Medicine
 3. Dartmouth Clinic Concord

Pediatric Dentistry
 1. Generations Dental Care, Concord
 2. Laurie A. Rosato, DMD
 3. Concord Pediatric Dentistry

Physical therapist sponsored by Progressive Therapy Services
 1. Dr. Ross Childs, Fit For Life PT
 2. Progressive Therapy Services
 3. Concord Orthopedics

Physician
 1. Dr. Amichai Kilchevsky
 2. Dr. Nicole Varastah
 3. Concord Pediatrics



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Dining

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Asian Food

1. Szechuan Gardens, Concord
2. Chen Yang Li, Bow
3. Tea Garden, Concord

Cafe, Concord

2. Smokeshow Barbeque, Concord
3. Georgia's, Concord

Breakfast Fare

1. Shirley's Kitchen,

SEE DINING PAGE 17

Barbecue

1. Washington Street



MONITOR FILE

Inside the kitchen at the Washington Street Cafe.



THANK YOU to all of our great customers who voted us 1st Place in the Cappies!!



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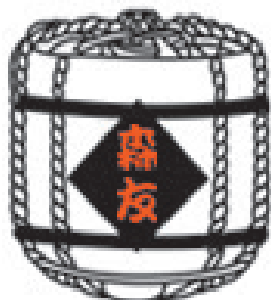
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DINING FROM PAGE 14

Pembroke

- 2. Tuckers, Concord
- 3. The Post, Concord

Buffet

- 1. Alan's of Boscawen
- 2. Red Blazer, Concord
- 3. Hart's Turkey Farm, Meredith

Dinner

- 1. Casa Amigo, Concord
- 2. Revival Kitchen & Bar, Concord
- 3. Red Blazer, Concord

Family Friendly sponsored by Cavern Sports Bar & Grill

- 1. Cavern Sports Bar & Grill, Pembroke
- 2. Beefside, Concord
- 3. Alan's of Boscawen

Fine Dining

- 1. Revival, Concord
- 2. Angelina's, Concord
- 3. O's Steak & Seafood, Concord

Italian

- 1. Angelina's, Concord
- 2. CC Tomato's, Concord
- 3. Fratello's, Manchester

Lunch fare

- 1. Washington Street Café & Catering, Concord
- 2. Beefside, Concord
- 3. Constantly Pizza, Concord

Mexican Restaurant

- 1. El Rodeo Mexican Restaurant, Concord
- 1. Hermano's, Concord
- 3. Casamigos, Concord

Outdoor Dining

- 1. Cheers, Concord
- 2. El Rodeo Mexican Restaurant, Concord
- 3. Makris, Concord

Romantic

- 1. Angelina's, Concord
- 2. O Steak & Seafood, Concord
- 3. Revival Kitchen and Bar, Concord

Seafood

- 1. Weathervane, Chichester
- 2. Johnson's Steak & Seafood, New Durham
- 3. Makris, Concord

Steakhouse

- 1. O Steak & Seafood
- 2. Longhorn, Concord
- 3. Texas Roadhouse, Concord

Take-Out

- 1. Washington Street Cafe, Concord
- 2. Beefside, Concord
- 3. The Works, Concord

Vegetarian Fare

- 1. Washington Street Cafe, Concord
- 2. Curryleaf, Concord
- 3. Live Juice, Concord

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Fun Food

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- | | |
|-------------------------------------|------------------------------|
| Bakery | Concord |
| 1. Cake Mama, Hillsboro | |
| 2. Wyatt's Wicked Goods, Chichester | Burgers |
| 3. Bread and Chocolate, Concord | 1. The Barley House, Concord |
| 3. Crust and Crumb, | 2. Vibes, Concord |
- SEE FUN FOOD PAGE 21**

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MONITOR FILE
One of The Barley House's signature burgers. The restaurant won first place in the Burger category.

Woodlawn
PET RESORT

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MONITOR FILE

Making chicken tenders in the Puritan Backroom kitchen.

FUN FOOD FROM PAGE 18

3. Five Guys, Concord

Chicken Wings/Tenders

1. The Puritan, Manchester
2. Cavern Sports Bar & Grill, Pembroke
3. T-BONES Great American Eatery, Concord

Coffee sponsored by Brothers Cortado

1. Brothers Cortado, Concord
2. The Bean & Bakery, Concord
3. Revelstoke, Concord

Dessert

1. Cake Mama, Hillsboro
1. Wyatt's Wicked Goods, Chichester
3. Bread and Chocolate, Concord

Donuts

1. NH Doughnut Co., Concord
2. Brother's, Franklin
3. Market Basket, Multiple locations

Fried Food

1. Beefside, Concord
2. High Tide Take Out, Hillsboro
3. Johnson's Dairy Bar, Northwood

Ice Cream

1. Frekey's Dairy Freeze, Penacook
2. Arnie's, Concord
3. Granite State Candy, Concord



MONITOR FILE

Constantly Pizza co-owner Dave Constant whips up a pepperoni pizza at the downtown location.

Pizza

1. Constantly Pizza, Concord/Penacook
2. Sour Joe's, Concord
3. Tilton House of Pizza

Subs

1. Constantly Pizza, Concord/Penacook
2. Nadeau's Sub Shop, Multiple locations
3. Jersey Mike's Subs, multiple locations

Sushi

1. Moritomo Japanese Steakhouse and Sushi Bar, Concord
2. Ichiban, Concord
3. Chen Yang Li, Bow

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Auto Body

1. Guimond's Auto Body, Concord
2. Above All Collision, Concord
3. Weed Family Automotive, Concord

Auto Detailing

1. Concord Auto Spa
2. Agoubi Auto Detailing, Franklin
3. Concord Car Care

Auto Parts

1. Sanel Napa Auto Parts, Concord
2. Batteries Plus Bulbs, Manchester
3. Gilbert Driveline Service & Supply, Inc., Manchester

Auto Repair

1. Weed Family Automom-

tive, Concord

2. German Autowerks, Concord
3. TC's Service Center, Pittsfield

Car Wash

1. Concord Auto Spa
2. Thirty Pines Car Wash, Concord
3. Washville Car Wash, Concord

New Car Dealership sponsored by Capital City Subaru

1. Capital City Subaru, Concord
2. Grappone Automotive Group, Bow
3. Banks Chevrolet, Concord

SEE AUTOMOTIVE PAGE 27



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AUTOMOTIVE FROM PAGE 24

Oil & Lube

1. Weed Automotive, Concord
2. TC's Service Center
3. Grappone Honda, Bow

RV Dealership

1. Bill's RV Service, Chichester
1. Cold Springs RV, Weare
3. Camping World, Chichester

Tires

1. Northeast Tire, Belmont
1. Town Fair, Concord
3. Weed Automotive, Concord

Used Car Dealership

1. Tim's Truck Capital, Epsom
2. Banks Chevrolet, Concord
3. Grappone Toyota, Bow

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1. Cheers, Concord
2. Beanie's Bar & Grill, Loudon
3. El Rodeo Mexican Restaurant, Concord

Art Gallery

1. Currier Museum of Art, Manchester
2. Two Villages Art Society, Contoocook
3. Twiggs Gallery, Boscawen

Birthday Party Venue

1. Beech Hill Farm, Hopkinton
2. Chuckster's, Chichester
3. Concord Parks and Recreation

Brewery

1. Concord Craft
2. Feathered Friends, Concord
3. Litherman's Limited, Concord

Cocktails

1. Revival Kitchen & Bar, Concord

2. El Rodeo Mexican Restaurant, Concord
3. Hermanos Cocina Mexicana, Concord

Comedy

1. Capitol Center for the Arts, Concord
2. Scenic Theater, Pittsfield
3. Hatbox Theatre, Concord

Community Event

1. Market Days, Concord
2. Midnight Merriment, Concord
3. The Exchange, Andover

Live Theatre

1. Capitol Center for the Arts, Concord
2. Concord City Auditorium
3. Scenic Theater, Pittsfield

Margarita

1. Hermanos Cocina Mexicana, Concord
2. El Rodeo Mexican Restaurant, Concord
3. Margaritas Mexican



MONITOR FILE

The Bank of NH Stage on Main Street in Concord is a theater, club and premiere live music venue. The Stage won first place in the Music Venue category for The Cappies.

Restaurant, Concord

- Concord
- 2. Bank of NH Pavilion, Gilford
- 3. Capitol Center for The Arts, Concord

Movie Theater

- 1. Red River, Concord
- 2. Chunky's Cinema Pub, Manchester
- 3. Smitty's Cinema, Tilton

Night Club

- 1. Tandy's, Concord
- 2. Makris, Concord
- 3. The Audi, Concord

Museum

- 1. New Hampshire Telephone Museum, Warner
- 2. McAuliffe-Shepard Discovery Center, Concord
- 3. Strawberry Banke, Portsmouth

Winery

- 1. Flag Hill Distillery & Winery, Lee
- 2. LaBelle Winery, Amherst/Derry
- 3. Hermit Woods Winery, Meredith

Music Venue

- 1. Bank of NH Stage,



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Antiques

1. Antique Gallery
2. Concord Antiques
3. DIY Craft and Thrift, Concord

2. Capital Beverages, Concord
3. Smoke N Barley, multiple locations

Book Store

1. Gibson's Bookstore, Concord

Beer/Wine Specialty Store

1. Wine on Main, Concord

SEE SHOPPING PAGE 32



MONITOR FILE

Concord Antiques Gallery

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SHOPPING FROM PAGE 31

- 2. Main Street Bookends, Warner
- 3. BAM, Concord

CBD Store

- 1. Your CBD Store, Concord
- 2. Natural Wellness Corner, Concord
- 3. Clearly Balanced Days, Belmont

Chocolate/Candy Store

- 1. Granite State Candy, Concord
- 2. True Confections Candies & Gifts, Concord
- 3. Kellerhause, Laconia

Clothing

Alteration/Tailor

- 1. Britches of Concord
- 2. Seams to Fit, Concord
- 3. Susana's, Concord

Clothing Store sponsored by Fabulous Looks Boutique

- 1. Fabulous Looks Boutique, Concord
- 2. Artisan's, New London
- 3. Indigo Blues, Concord

Consignment Shop

- 1. HillTop Consignment, Concord
- 2. Lilise, Concord
- 3. M&C Clothing and Gifts, Amherst

Furniture Store

- 1. Cheney's Apple House Furniture, Concord
- 2. Endicott Furniture, Concord
- 3. Harris Family Furniture, Chichester

Gift Shop

- 1. The Viking House, Concord
- 2. True Confections Candies & Gifts, Concord
- 3. The Paper Store, Concord

Gourmet Food

- 1. Monadnock Oil & Vinegar, Amherst
- 2. The Viking House, Concord
- 3. Celeste Oliva, Concord

Grocery Store

- 1. Market Basket
- 2. Concord Food Co-op
- 3. Trader Joe's

Home Décor

- 1. Budget Blinds of Concord & Hanover
- 2. Homebody, Concord
- 3. Company C, Concord

Natural Supplements Store

- 1. Natural Wellness Corner, Concord
- 2. Concord Co-op
- 3. Granite State Naturals, Concord

Shoes

- 1. Joe King's, Concord
- 2. Simply Birkenstock, Concord
- 3. Alec's Shoes, Nashua

Skincare Shop

- 1. Beeline LLC, Henniker
- 2. BonaFide, Concord

Sports Equipment

- 1. S&W Sports, Concord
- 2. Runners Alley, multiple locations
- 3. Dick's, Concord



MONITOR FILE

Jeff Bart, owner of the Granite State Candy Shoppe, makes milk chocolate in 2023. Granite State earned the top vote for this year's Chocolate/ Candy Store category.

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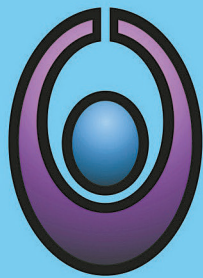


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3. Beech Hill Farm, Hopkinton

2. FunSpot, Laconia
3. Yankee Lanes, Manchester

Campground

1. The Friendly Beaver, New Boston
2. Jellystone, Glen Ellis

Bowling Alley

1. Boutwell's, Concord

SEE SPORTS AND REC PAGE 36



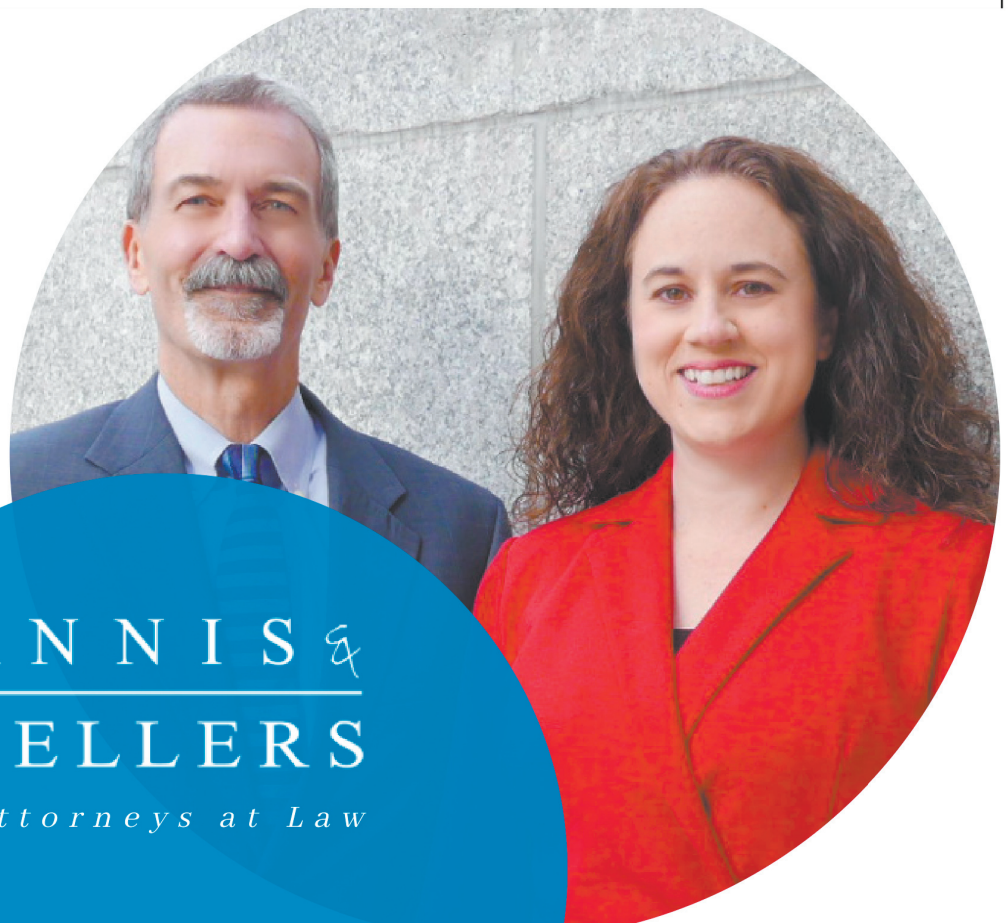
GEOFF FORESTER / MONITOR FILE

Every Saturday night from 6 p.m., Boutwell's hosts glow bowling. They are the winner of this year's Bowling Alley Cappies award.



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MONITOR FILE

Chuck and Diane Souther, owners, up on the hill overlooking Apple Hill Farm in East Concord. The farm is the winner of both the Farm Stand and Pick-Your-Own Farm Cappies categories

SPORTS AND REC FROM PAGE 34

1. Cascade, Loudon

2. Body Works Karate, Concord
3. Tokyo Joe's, Hooksett

Farm Stand

1. Apple Hill Farm, Concord
2. Pumpkin Blossom Farm, Warner
3. Concord's Farmers Market

Pool Dealer sponsored by Paquette Pools & Spas

1. Paquette Pools & Spas, Hooksett
2. Empire Pools, Manchester
3. Blue Dolphin Pools & Spa, Bedford

Fitness Center

1. Thrive Group Fitness / Jazzercise of Concord
2. 2 Home Fitness, Concord
3. Worthy Mind & Movement, Concord

Pick-Your-Own Farm

1. Apple Hill Farm, Concord
2. Pumpkin Blossom Farm, Warner
3. Carter Hill Orchard, Concord

Golf Course

1. Beaver Meadow, Concord
2. Den Brae Golf Course, Sanbornton
3. Pembroke Pines

Riding Stables

1. Townsend Training Farm, Pembroke
2. Wind Hill Farm, Loudon
3. Serenity Stables, Belmont

Golf Equipment

1. Den Brae Golf Course – Sam Read
2. Beaver Meadow Golf Course – Phil Davis
3. Golf & Ski Warehouse, Hudson

Ski Resort

1. Pat's Peak, Henniker
2. Ragged Mountain, Danbury
3. Gunstock, Gilford

Indoor Sports Center

1. Concord Parks and Rec
2. YMCA of Concord
3. X-Golf Bedford

Summer Camp

1. Shaker Road School, Concord
2. YMCA of Concord
3. Concord Parks and Rec

Marina

1. Fay's, Gilford
2. Irwin, multiple locations
3. Granite State Dock & Marine, Derry

Yoga Studio

1. Thrive Group Fitness / Jazzercise of Concord
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3. Sharing Yoga, Concord

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3. Alan's of Boscawen

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2. Cobblestone, Concord
3. Sweet Lavender Floral Design, Concord

Jeweler sponsored by Goldsmiths Gallery

1. Capital Craftsman Jewelers, Concord
2. Goldsmiths Gallery, Concord
3. Foster's Fine Jewelry, New London

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1. Primo Limousine, Concord
2. Grace, Manchester
3. Lakes Region Airport Shuttle, Northfield

Photographer sponsored by Creative Focus Photography

1. Creative Focus Photography
1. Robin Easler
3. CLC Photography

Wedding Cake sponsored by Susie Q's Cakery

1. The Brussel
2. Jacques Pastry Shop, Suncook
3. Susie Q's Cakery, Deerfield

Wedding Venue

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2. Castle in the Clouds, Moultonborough
3. Pembroke Pines



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- Quilt Week in Lancaster, PA - September 10-13
- Best of Michigan Signature Tour - September 10-22
- MILLION DOLLAR QUARTET at the NSMT - September 25
- Boston for a Day - September 29
- Sherbrooke, QC & Foresta Lumina - September 26-28
- Fall in the Hudson Valley - October 14-17
- Scenic Iceland Signature Tour - October 28-November 4
- Gardens Aglow & Boothbay Harbor - November 24-25
- Vermont Country Christmas - December 1-3

2025 TOURS INCLUDE:

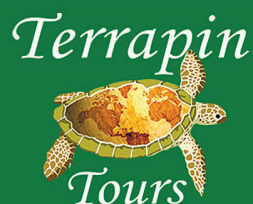
- Springtime in Washington, DC - March 22-27
- New York City featuring WICKED - April 17-19
- Tour de 'Ville (*Nashville & Asheville*) - April 20-May 1
- Cape Cod & Nantucket Daffodil Festival - April 25-27
- Halifax & the Royal Nova Scotia Tattoo - June 25-30
- Quebec City Getaway - July 29-August 1
- Cooperstown, NY - September 2-4
- Bay of Fundy Explorer - September 6-15
- Veterans Day in Washington, DC - November 8-13

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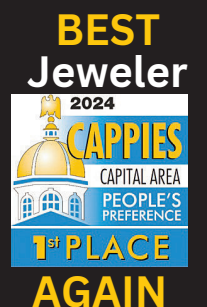
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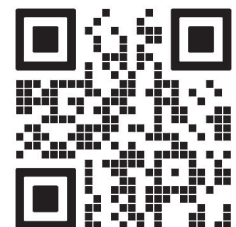


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calendar

July 25

- **Adult Drop In Basketball (indoors) at GSCC:** 11 a.m. to 1 p.m. Green Street Community Center, 39 Green St, Concord.
- **Concord City Men's A & B Tennis Tournaments:** 4 to 9 p.m. Bow Brook Club, 144 Warren St., Concord. 603-391-4028. robnormandin@msn.com.
- **Eagle Square Concerts:** 7 to 8:30 p.m. Eagle Square, 3 Eagle Sq., Concord.
- **GoodLife Book Sale:** 9 a.m. to 4 p.m. Buy new-to-you books for \$1, \$3 or \$5 and support your favorite non-profit senior center in the process! GoodLife Programs & Activities, 254 N. State St., Unit L, Concord. kgagnon@goodlifenh.org.
- **Natural Movement & Parkour:** 6:30 to 7:30 p.m. Awesome community event happening this summer! If you're looking for a fun new way to stay in shape, give Natural Movement a try! \$15 - \$265. White Park, 1 White St., Concord. 504-715-2146. mattharkins13@gmail.com.
- **Roller Skating:** 6 to 9 p.m. Douglas N. Everett Arena, 15 Loudon Rd., Concord.
- **Speaking for Wildlife - Alpine**



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4028. robnormandin@msn.com.

July 26

■ **Class in Nashua - Basket Weaving with Ruth Boland (Fridays):** 10 a.m. to 12:30 p.m. Natural Wellness Corner, 239 Loudon Rd., Concord. (603) 595-8233.

■ **Concord City Men's A & B Tennis Tournaments:** 4 to 9 p.m. Bow Brook Club, 144

■ **GoodLife Book Sale:** 9 a.m. to 4 p.m. Buy new-to-you books for \$1, \$3 or \$5 and support your favorite non-profit senior center in the process! GoodLife Programs & Activities, 254 N. State St., Unit L, Concord. kgagnon@goodlifenh.org.

■ **Roller Skating:** 6 to 9 p.m. Douglas N. Everett Arena, 15 Loudon Rd., Concord.

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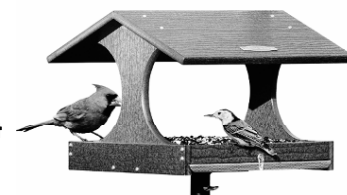
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July 27

■ **Speaking for Wildlife - Alpine Averill Photography Exhibit:** 11 a.m. to 5 p.m. McLane Center, 84 Silk Farm Rd., Concord.

■ **Concord City Men's A & B Tennis Tournaments:** 4 to 9 p.m. Bow Brook Club, 144 Warren St., Concord. 603-391-4028. robnormandin@msn.com.

■ **Your Body Tune Up:** 9:45 to 10:45 a.m. Improve your overall strength, flexibility, and balance through low impact cardio exercise. \$55. GoodLife programs & Activities, 254 N.

■ **Dungeons and Dragons for Tweens:** 11 a.m. Free. Library, 45 Green St., Concord. jsalemy@concordnh.gov.

■ **Friends-a-Palooza! A Family Fun Party In The Park:** 1 to 4



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■ **Speaking for Wildlife - Alpine Averill Photography Exhibit:** 11 a.m. to 5 p.m. McLane Center, 84 Silk Farm Rd., Concord.

■ **Storytime Stations at the Heights:** 9:30 a.m. Free. Heights Branch Library, 14 Canterbury Rd, Concord. jsalemy@concordnh.gov.

July 28

■ **Concord City Men's A & B Tennis Tournaments:** 4 to 9 p.m. Bow Brook Club, 144 Warren St., Concord. 603-391-4028. robnormandin@msn.com.

■ **Roller Skating:** 6 to 9 p.m. Douglas N. Everett Arena, 15 Loudon Rd., Concord.

■ **Art w/ Steve: Red Summer Moon:** 1 to 3 p.m. Please join us for a fun 2-hour painting class where Steve walks you through a

step-by-step technique. \$35. GoodLife programs & Activities, 254 N. State St., Unit L, Concord. kgagnon@goodlifenh.org.

July 29

■ **Food for Mental Health: The Gut-Brain Connection:** 10 to 11 a.m. Join us for an enlightening exploration into the powerful relationship between food and mental health. \$5. GoodLife Programs & Activities, 254 N. State St, Unit L, Concord. kgagnon@goodlifenh.org.

■ **Painting w/ Peter: Water-colors:** 10 a.m. to noon. Course will focus on painting roses, hydrangeas, peonies. \$50. GoodLife Program & Activities, 254 N. State St., Unit L, Concord. kgagnon@goodlifenh.org.

■ **Teens and Tweens Snack Food Olympics:** 6 to 7:30 p.m. Library, 45 Green St., Concord. jsalemy@concordnh.gov.

July 30

■ **Adult Drop In Basketball (indoors) at GSCC:** 11 a.m. to 1 p.m. Green Street Community Center, 39 Green St., Concord.

■ **BBQ Basics and Savory Sides:** 6 to 7:30 p.m. City Wide Community Center, 14 Canterbury Rd., Concord. jsalemy@concordnh.gov.

■ **Granite State Running Team - 2024 Season!:** 5:30 to 7 p.m. Granite State Running Team - First Workout. \$45 for individuals, and \$65 for families. Memorial Field, 70 South Fruit St., Concord. 603-731-0653. trailchaser222@gmail.com.

■ **Natural Movement & Parkour:** 6:30 to 7:30 p.m. Awe-
SEE CALENDAR PAGE 48

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The Empire Trio
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Rebecca Robbins
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The Toomai String Quintet
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CALENDAR FROM PAGE 46

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July 31

■ **BEMER Appointments:** 11:45

a.m. to 1 p.m. BEMER is a class 2 medical device that can increase your blood flow by up to 30%. Every Wednesday in July, \$15. Call 603-228-6630 to register. \$15. GoodLife Programs & Activities, 254 N. State St., Unit L, Concord. kgagnon@

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■ **Cardio for Heart Health:** 10:30 to 11:30 a.m. Improve your overall strength, flexibility, and balance through low impact cardio exercise. \$55. GoodLife Programs & Activities, 254 N. State St., Unit L

, Concord. kgagnon@goodlifenh.org.

■ **The Depression and Bipolar Support Alliance (DBSA) of greater Concord:** 7 to 8:30 p.m. The Depression & Bipolar Support Alliance (DBSA) peer Support Group meets the 1st (in

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■ **Free Drop-In Futsal:** 6 to 9 p.m. Keach Park, Concord.

■ **Rev It Up:** 9 to 9:55 a.m. Boost your metabolism with a combo of cardio and strength training. ZOOM, \$55. GoodLife Programs & Activities, Concord. kgagnon@goodlifenh.org.

■ **Speaking for Wildlife - Alpine Averill Photography Exhibit:** 11 a.m. to 5 p.m. McLane Center, 84 Silk Farm Rd., Concord.

■ **Storytime in the Park:** 9:30 a.m. This class includes stories, fingerplays, and songs, all designed to strengthen children's reading or pre-reading skills. Keach Park, Concord. jsalemy@concordnh.gov.

■ **Storytime! with author Tabatha D'Agata:** 11 to 11:30 a.m. Free. Gibson's Bookstore, 45 S. Main St., Concord. (603) 224-0562. gibsonsevents@gmail.com.

■ **Web Wednesday at the Heights:** 9:30 a.m. Free. Heights Branch Library, 14 Canterbury Rd., Concord. jsalemy@concordnh.gov.



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July 25, 2002: It's been 20 years since a significant building was torn down on Main Street, the Monitor reports. This week, the Sears block takes its place in history alongside such historic demolitions as the Centennial Block in front of Durgin Lane, the retail building that once stood in Eagle Square

and the Phenix Hotel.

July 25, 2001: The Lakes Region Conservation Land Trust announces plans to buy Castle in the Clouds and keep the attached 5,000 acres and 85 miles of trails open to the public. To close the deal for the Moultonboro property, the trust must raise nearly \$6 mil-

lion.

July 25, 1986: Gov. John Sununu announces that he has formed a 15-member panel to determine whether a nuclear disaster similar to one at Chernobyl in the Soviet Union could happen at the Seabrook nuclear plant.

July 25, 1870: Maxfield Parrish is born in Philadelphia. He will become a renowned artist and settle in Plainfield.

July 25, 1927: A crowd of more than 40,000 gathers to greet Col. Charles A. Lindbergh, who lands his "Spirit of St. Louis" at Concord airport at 1:44 p.m. The band strikes up "Hail to the Chief" as the hero of transatlantic flight takes his seat on the platform. "This airport can still be improved in many ways," Lindbergh tells the crowd. "In the future it will bring you considerable air commerce."

July 25, 1927: A police squad of six officers enters the home of Ruth A. McKinnon on Runnels Road in Penacook. The officers arrest MacKinnon and confiscate 106 bottles of beer, empty pint and quart bottles and a capping machine. MacKinnon will be fined \$100 and \$41.10 in court costs and sentenced to 60 days in the house of corrections in Boscawen, but the sentence will be suspended.

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With her arrest, the police believe they have cut off the supply of liquor to this portion of Merrimack County.

July 26, 2001: The task force that will oversee statewide efforts to preserve 171,000 acres of North Country woodlands meets for the first time in Pittsburg. The group will decide what kinds of uses will be allowed under the conservation easements being bought by The Trust for Public Land.

July 26, 1970: The Associated Press reports that Mel Bolden's campaign for the Executive Council makes him "the first Negro to seek the seat."

July 26, 1885: The Bird-Dale Springs House, a summer resort on Birchdale Road in Bow since 1868, catches fire while filled with guests. A horseman gallops for help, but firemen arrive too late. All the guests escape safely, but the hotel and its outbuildings burn to the ground. It will not be rebuilt.

July 26, 1814: In its continuing criticism of rising Federalist Daniel Webster, Isaac Hill's New Hampshire Patriot says that during the 13th Congress, Webster has

done everything in his power "to aid the enemy" in the War of 1812.

July 26, 1965: Trains carrying 71-foot laminated wooden arches arrive in

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July 27, 2001: Five people are injured when two cars collide on Canobie Lake Park's most popular roller coaster. State safety officials will find nothing mechanically wrong with the Salem ride, blaming operator error for the crash.

July 27, 1927: The police report more evidence of the pickpockets who worked the crowd during Col. Charles A. Lindbergh's visit to Concord two days before. Two young boys have found 20 more pocketbooks in a hole covered with paper behind the airport hangar. The number of people robbed now totals at least 36.

July 28, 1945: In Derry, acting under wartime powers granted by the governor, the state police seize 6,000 pounds of dressed poultry headed for Massachusetts markets.

July 28, 1827: "Othello" is performed at the Eagle

Coffee House in Concord. Crowds are sparse.

July 28, 1776: New Hampshire militiamen are mustered atop Mount Independence, across from Fort

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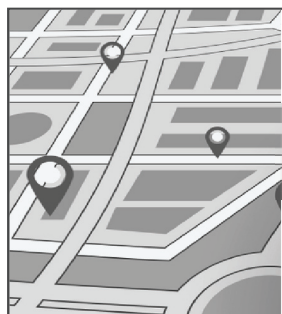
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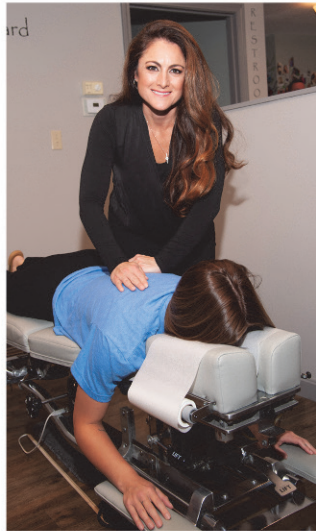
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